



## By Durham Triple Play Long Ball

Fun At Bat is an enrichment program based on baseball for kids. The overarching goal of this program is to provide children with a fun and active experience that also reinforces positive characteristics like teamwork, honesty and responsibility.

### **The goals of this program are to:**

- Create a positive, fun environment in which children and adults can enjoy the game of baseball.
- Promote high self-esteem and self-confidence by giving children the opportunity to learn and succeed in baseball.
- Model and teach the fundamentals of healthy competition and emphasize teamwork and good sportsmanship.
- Teach fundamental baseball skills and rules.

### **The program:**

- 8 week season
- 1 class a week for 1 an hour and 15 minutes
- Incorporate basic athletic and baseball skills
- Each week have a “**championship principle**” to introduce character builders developed through sports.

### **The game, equipment and fees:**

- 1 team of 12 - 15 players, ages 5-6, free of charge to all participants
- Can provide to players in addition to other program they are registered for
- Parents provide feedback at the end of the season (**mandatory to participate**)

### **Participants receive:**

- One Fun at Bat book per practice related the skill and championship principle learned
- Fun at Bat T-shirt
- Weekly correspondence to parents with the weeks' lesson for reinforcement at home.

**15 Minutes Active Start**

**15 Minutes Fundamentals**

**35 minutes Active Play**

**10 minutes Super Summary**

**If interested in your child participating please email Ms. Myra Blackwell at [myrablackwell@gmail.com](mailto:myrablackwell@gmail.com)**  
**First 15 5 and 6 year olds will be accepted.**